

**Pamir Highway – Roof of the World Itinerary (12 days, 11 nights)**

**May – September**

Day	Starting Place	Morning Plans	Afternoon Plans	Evening Plans	Ending Place	Accommodation	
1	Dushanbe Tajikistan	<p><b>8am – Tour starts</b></p> <p align="center"><b>DUSHANBE CITY TOUR</b></p> <p align="center">Visit Dustik Square, the main square of Dushanbe and home to the world's tallest flagpole                      Visit the National Library of Tajikistan                      Lunch at the Chai Hana Rohat (Tea House), the world's largest teahouse                      Visit Nowruz Palace, where visiting foreign dignitaries are hosted                      Visit Mehragon Bazaar</p>				Dushanbe Tajikistan	Guesthouse
2	Dushanbe Tajikistan	<p><b>Travel eastwards towards Nurek Dam (1 hour)</b>                      Stop at the Soviet-built Nurek Dam, one of the world's tallest dams. Hike at the dam (1 hour)</p> <p><b>Travel eastwards Shurobod, first checkpoint in Gorno Badakhshan Region (2.5 hours)</b></p>	<p><b>Arrival in Shurobod, in the Gorno Badakhshan Region.</b></p> <p><b>Travel eastwards towards Qalaikhumb along the Pamir Highway, enjoying the expansive views of the Panj River and the border with Afghanistan. (Approximately 3 hours)</b></p>	<b>Arrival in Qalaikhumb.</b>	Qalaikhumb Tajikistan	Guesthouse	
3	Qalaikhumb Tajikistan	<b>Travel eastwards by 4-by-4 towards Rushon Valley (7 hours)</b>	<p><b>Arrival in Rushon Valley</b>                      Stop at Vamar Fortress, an XIX-century fortress built out of stones.</p> <p><b>Continue towards Bartang River by 4-by-4 (1 hour)</b>  <b>Hike to Jisev village (2 hours, 8 kilometres – Easy hike )</b>                      Arrival in Jisev</p>	Homestay in Jizev	Jizev Tajikistan	Homestay	
4	Jizev Tajikistan	<p><b>Morning hike at Jizev to the Bartang River (2 hours, 8 kilometres – Easy hike)</b></p> <p><b>Depart Jizev for Khorog, the main hub of Pamir region and the capital of Gorno Badakhshan. (1.5 hours)</b></p>	<p><b>Arrival in Khorog</b></p> <p>Explore Khorog town (visit to local Pamiri houses, local hospital &amp; school, bazaar)</p>		Khorog Tajikistan	Guesthouse	
5	Khorog Tajikistan	<b>Travel towards Langar, Wakhan Corridor (5 hours)</b>	<p><b>Arrival in Langar, Wakhan Corridor</b></p> <p>Exploring rural and village life in Wakhan village and the Wakhan corridor.                      Hike along Wakhan Corridor, a deep gorge along the Afghan-Tajik border. (30 minutes)</p>	Visit the 3000-year-old Yamchun Fortress and enjoy the sunset there	Wakhan Tajikistan	Guesthouse	
6	Wakhan Tajikistan	Visit Bibi Fatimah and Zuhra hot spring, a natural warm hot spring in the mountains known for its healing properties.	<p><b>Travel to Ishkashim town, Tajikistan (2 hours)</b>                      Cross the Afghan-Tajik border and visit the Afghan village and bazaar in Eshkashim village, Afghanistan (Only accessible on Saturdays)</p>	Return to Ishkashim town, Tajikistan	Ishkashim Tajikistan	Guesthouse	
7	Ishkashim Tajikistan	<b>Travel westward towards Khorog, along the Wakhan Valley, a breathtaking gorge, and the Panj River. (5 hours)</b>	<p><b>Arrival in Khorog in the late afternoon</b>                      Lunch and rest at Khorog town  <b>Depart Khorog for Alichur village (3 hours)</b></p>	<b>Arrival in Alichur</b>	Alichur Tajikistan	Homestay	
8	Alichur Tajikistan	<b>Travel from Alichur village to Bulunkul Lake (4 hours)</b>	<p><b>Arrival in Bulunkul Lake</b>                      Hike (2-3 hours) and picnic along Bulunkul Lake &amp; Yashilkul Lakes                      Explore Jelondy village, an ethnically Kyrgyz village</p>	<b>Return to Alichur village (4 hours)</b>	Alichur Tajikistan	Homestay	
9	Alichur Tajikistan	<p><b>Travel from Alichur to Murghab town (2 hours)</b></p> <p>Arrival in Murghab, a town at 3,650 meters high, and the highest town in the former Soviet Union and Tajikistan</p>	<p><b>Travel eastwards towards Karakul Lake (2 hours)</b></p> <p>Stop at the Akbaital Pass, the highest point of the M41 Highway, at around 4,600 meters                      Arrival at Karakul Lake, one of the highest lakes in the world created by a meteor impact 25 million years ago</p>	<b>Return to Murghab village (2 hours)</b>	Murghab Tajikistan	Homestay	
10	Murghab Tajikistan	<p>Explore Murghab town                      - Visit to a bazaar built out of shipping containers                      - Visit monuments and statues of Soviet Union</p> <p><b>Travel to Shakhty Petroglyphs (1 hour)</b></p>	<p><b>Arrival in Shakhty Petroglyphs</b>                      Explore the Shakhty Petroglyphs, cave paintings and drawings that are over 10,000 years old</p> <p><b>Travel to Khorog (5 hours)</b></p>	<b>Arrival in Khorog</b>	Khorog Tajikistan	Guesthouse	
11	Khorog Tajikistan	<b>Depart Khorog for Qalaikhumb (7 hours)</b>	<b>Arrival in late afternoon in Qalaikhumb</b>	Explore Qalaikhumb town, and short hike along the Panj River	Qalaikhumb Tajikistan	Guesthouse	
12	Qalaikhumb Tajikistan	<b>Depart Qalaikhumb for Dushanbe (7 hours)</b>	<b>Arrival in Dushanbe in the late afternoon</b>	<b>7pm – tour ends</b>	Dushanbe Tajikistan		

We will make every effort to keep itineraries as described and to find suitable replacements if needed. However, we reserve the right to make changes to the itinerary without prior notice in response to unforeseeable events and safety concerns. We also reserve the right to make changes to the itinerary should we deem that a certain activity is beyond the capability of any of our travelers.

# Pamir Highway – Roof of the World Itinerary

## Day 1: Dushanbe

Begin the journey with a cultural exploration of Dushanbe, the Tajik capital, visiting key landmarks and getting acquainted with the capital city.

### Activities:

- Visit **Dustik Square**, the central square of the city and admire the grandiose **National Library of Tajikistan**.
- Lunch at **Chaikhana Rohat**, the largest teahouse in the world.
- Explore the **Nowruz Palace** and **Mehrgon Bazaar** for a taste of local culture.

**Transportation:** Taxi, Trolley Bus

**Accommodation:** Guesthouse in Dushanbe



## Day 2: Dushanbe - Qalaikhumb

A scenic drive eastwards, entering the Gorno Badakhshan region and taking in beautiful views of the Pamir Mountains and the Panj River.

### Day:

**Travel from Dushanbe to Nurek Dam (1 hour)**

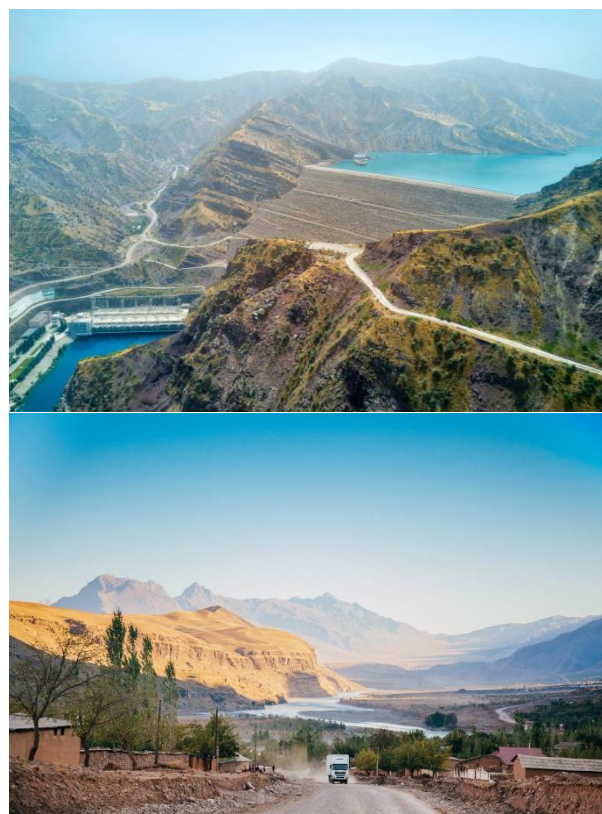
**Travel from Nurek Dam to Qalaikhumb via Shurobod, (5 hours)**

### Activities:

- Visit the **Soviet-built Nurek Dam**, one of the world's tallest dams, measuring at 300 metres tall.
- Stop at **Shurobod**, the first checkpoint of Gorno Badakhshan.
- Enjoy views of the **Pamir Highway and Panj River along a deep gorge** bordering Afghanistan.
- Arrive in **Qalaikhumb**, a peaceful town and a pitstop along the highway in the evening.

**Transportation:** Private-hire vehicle

**Accommodation:** Homestay in Qalaikhumb



### Day 3: Qalaikhumb to Jizev

A day of breathtaking scenery as you travel deeper into the Pamirs, exploring ancient fortresses and remote villages.

#### Day:

**Drive from Qalaikhumb to Rushon (7 hours)**

#### Activities:

- Travel towards **the Rushon Valley**, nestled deep in the Pamirs.
- Visit the **Vamar Fortress**, a 14th-century stone fortress and garrison dating back to the ancient Silk Road era.
- **Hike from the Bartang Valley to Jizev** (2 hours, 8 kilometres), surrounded by lush nature and soaring peaks.
- Arrive in **Jizev, a traditional village** nestled deep in the Bartang Valley, for a traditional homestay experience.



**Transportation:** Private-hire vehicle

**Accommodation:** Homestay in Jizev

**Note:** *Shower facilities may not be available here.*

### Day 4: Jizev to Khorog

Discover the hub of the Pamir region, Khorog, while visiting local sites and experiencing the unique culture of the area.

#### Day activities:

**Morning hike from Jizev** (1-2 hours) back to Bartang Valley.

**Drive from Bartang to Khorog** (1.5 hours)

#### Afternoon activities:

- Visit **local schools, a hospital**, and other sites in Khorog.
- Explore **Khorog Botanical Gardens**

**Transportation:** Private-hire vehicle

**Accommodation:** Guesthouse in Khorog



## Day 5: Khorog to Wakhan Corridor

A day of exploration along the Wakhan Corridor, a historically significant and visually stunning region filled with deep gorges and soaring peaks, awaits.

### Morning:

#### Drive from Khorog to Langar (5 hours)

#### Day activities:

- Travel through the **Wakhan Valley**, stopping to admire the landscape.
- Visit the **Langar village** and the **3000-year-old Yamchun Fortress**, where a beautiful sunrise view awaits you.
- Explore **Wakhan Village**, and experience local life in this hamlet.

**Transportation:** Private-hire vehicle

**Accommodation:** Guesthouse in Wakhan



## Day 6: Wakhan to Ishkashim

Journey through the Wakhan Valley, with stops at hot springs and the Afghan border market, offering a mix of relaxation and cultural encounters.

### Morning activities:

- Dip in the **Bibi Fatimah and Zukhra Hot Springs**, known for their therapeutic properties.

### Afternoon:

**Travel to Ishkashim, a town near the Afghan border. (2 hours)**

### Afternoon activities:

- **Cross the Afghan-Tajik border** to visit the **Afghan village and its Saturday Bazaar** (accessible only on Saturdays and depending on political situation).
- Return to Ishkashim, Tajikistan

**Transportation:** Private-hire vehicle

**Accommodation:** Guesthouse in Ishkashim



*\*Customers unwilling to enter Afghanistan for the few hours may instead opt to remain in Ishkashim, Tajikistan.*

## Day 7: Ishkashim to Alichur

Travel westward along the Wakhan Valley, with breathtaking views of the gorge and river as you head to Alichur. We are now travelling along the M41, one of the highest highways in the world.

### Morning:

**Drive through the Wakhan Valley, a scenic and historic route that hugs the majestic Panj River. (5 hours)**

### Afternoon Activities:

- Enjoy a short hike and lunch at **Khorog**, the main town along the route.

### Afternoon:

**Depart for Alichur village, continuing the scenic journey along the Pamir Highway. (3 hours)**

**Accommodation:** Homestay in Alichur

**Transportation:** Private-hire vehicle



## Day 8: Bulunkul & Yashilkul Lakes

A day exploring the beautiful Bulunkul and Yashilkul Lakes, with opportunities for hiking, picnicking, and cultural immersion.

### Morning:

**Travel to the Bulunkul and Yashilkul Lakes (4 hours)**

### Afternoon Activities:

- **Hike along Bulunkul and Yashilkul Lakes**, enjoying a picnic in the scenic lakeside surroundings. (2-3 hours, 7 kilometres)
- Visit **Jelondy village**, an ethnically Kyrgyz settlement deep in the Pamir mountains.

### Evening:

**Return to Alichur village (3 hours)**

**Accommodation:** Guesthouse in Alichur

**Transportation:** Private-hire vehicle



## Day 9: Alichur to Murghab

Experience the high-altitude landscapes and remote beauty of Murghab, the highest town in all of the former Soviet Union at over 3,650 metres.

### Morning:

Travel from Alichur to Murghab (2 hours)

### Morning activities:

- Short rest in Murghab, the highest town in the former Soviet Union at 3,650 metres.

### Afternoon activities:

- Stop at the **Akbaital Pass**, the highest point of the **M41 Highway**, at around 4,600 meters
- Explore at **Karakul Lake**, one of the highest lakes in the world created by a meteor impact 25 million years ago

**Transportation:** Private-hire vehicle

**Accommodation:** Homestay in Murghab



## Day 10: Murghab to Khorog

Delve into ancient history by visiting the petroglyphs and return to Khorog, surrounded by mountain scenery.

### Morning activities:

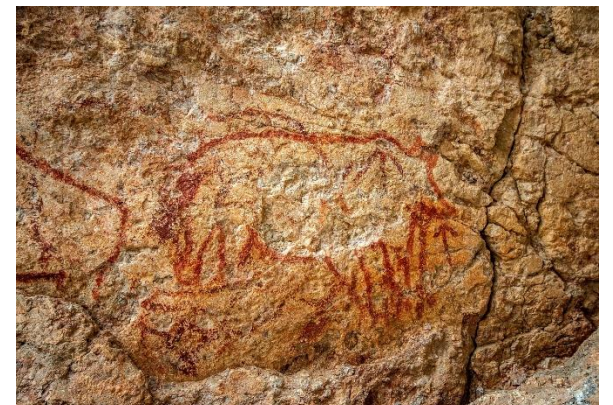
- Explore **Murghab town**, including Soviet-era relics (statues and monuments) and the main bazaar built out of shipping containers.
- Explore the **Shakhty Petroglyphs**, cave paintings and drawings that are over 10,000 years old. (1 hour outside Murghab)

### Afternoon:

**Return to Khorog town (5 hours)**

**Transportation:** Private-hire van

**Accommodation:** Guesthouse in Murghab



## Day 11: Khorog to Qalaikhumb

Return to Qalaikhumb through the same picturesque mountain pass, retracing the route along the Panj River.

**Day:**

**Travel from Khorog to Qalaikhumb (7 hours)**

**Activities:**

- Explore **Qalaikhumb town** upon arrival and take a short hike along the **Panj River**. (1 hour, 2 kilometres)

**Transportation:** Private-hire vehicle

**Accommodation:** Guesthouse in Qalaikhumb



## Day 12: Qalaikhumb to Dushanbe

End your journey by traveling back to Dushanbe, concluding the tour with a final scenic drive along the Panj River.

**Day:**

Depart Qalaikhumb for Dushanbe (7 hours).

**Evening:**

**Arrival in Dushanbe in the evening.**

**Tour ends at 7pm in Dushanbe.**

**Transportation:** Private-hire vehicle

